

Directions to Cove Island Park, Stamford

From the East: Take I-95 South to Exit 9. At the end of the ramp, make a left onto East Main Street (US-1) and drive over the bridge. Turn right onto Seaside Avenue and continue 0.66 miles. It comes to a T at Cove Road. Turn left onto Cove Road and follow it to the end. You will be facing the park. The parking lot is on your right.

From the West: Take I-95 North to Exit 9. At the end of the ramp, turn right onto Seaside Avenue (no road sign there) and continue 0.64 miles. It comes to a T at Cove Road. Turn left onto Cove Road and follow it to the end. You will be facing the park. The parking lot is on your right.